

# Linctagon®



## Viral Defence Junior Syrup

### SCHEDULING STATUS

[S0]

### PROPRIETARY NAME AND DOSAGE FORM

LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP (SYRUP)

**Read all of this leaflet carefully because it contains important information for you.**

LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP is available without a doctor's prescription, as a supplement. Nevertheless, you still need to use LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP with any other person.
- Ask your health care professional if you need more information or advice.
- You must see a doctor if your symptoms worsen or do not improve or if you notice any side effect not listed in this leaflet.

### 1. WHAT LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP CONTAINS

| Active Ingredients       | Each 5 ml contains: | %NRV per 5 ml: |
|--------------------------|---------------------|----------------|
| Fulvic acid (as CHD-FA®) | 3 ml                | NA             |
| Rooibos extract          | 14,66 mg            | NA             |
| Vitamin A                | 150 ugRE            | 16,66 %        |
| Vitamin E                | 25 mg               | 165 %          |

The other ingredients are: Fructose, flavourant, colourant, sodium hydroxide, sorbitol, xylitol, water, strawberry extract.

Contains Sugar: Fructose – 0,42 g/5 ml.

Contains Sweetener: Sorbitol – 0,2 g/5 ml; Xylitol 0,47 g/5 ml; Sucralose 3 mg/5 ml

### Important information about some of the ingredients of LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP:

LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP contains fructose. Patients with rare hereditary conditions of fructose or galactose intolerance should not take LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP. If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP. LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP contains fructose which may have an effect on the control of your blood sugar if you have diabetes mellitus. LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP contains sorbitol and xylitol and may have a laxative effect.

### 2. WHAT LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP IS USED FOR

**LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP** helps to maintain immune function and promotes overall good health. It can assist the body's defence system with infection support, inflammation support and free radical support.

### 3. BEFORE YOU TAKE LINCTAGON® VIRAL DEFENCE SYRUP

#### Do not take LINCTAGON® VIRAL DEFENCE SYRUP

- If you are allergic to any of the ingredients of **LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP** (see **WHAT LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP CONTAINS**).
- If you are pregnant or are breastfeeding your baby (see 'Pregnancy and breastfeeding') (see '**HOW TO TAKE LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP**')

Tell your doctor if you are not sure about any of the above.

#### Taking LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP with food and drink

There are no known side effects to taking LINCTAGON® VIRAL DEFENCE SYRUP with food and drink.

#### Pregnancy and Breastfeeding

Do not use **LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP** during pregnancy or while you are breastfeeding your baby, as safety and efficacy have not been established. If you are pregnant or breastfeeding your baby, please consult your doctor, pharmacist or other healthcare professional for advice before taking this medicine.

#### Driving and using machinery

No studies on the effect on the ability to drive or use machinery have been performed. It is unlikely that **LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP** would affect your ability to drive or use machinery. However, please exercise care until you are certain that your ability to perform such activities is not affected.

#### Taking other medicines with LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP

Always tell your healthcare professional if you are taking any other medicine, including medicines obtained without a prescription.

### 4. HOW TO TAKE LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP

Do not share medicines prescribed for you with any other person.

Always take **LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP** exactly as indicated or as your doctor has instructed you. You should check with your doctor or pharmacist if you are unsure.

Children 1-3 years of age: Give 2,5 ml syrup once daily with a meal to maintain immune function. During the flu season this can be increased to 2,5 ml twice daily.

Children 4-6 years of age: Give 5 ml syrup once daily with a meal to maintain immune function. During the flu season this can be increased to 5 ml twice daily.

Children 6-12 years of age: Give 10 ml syrup once daily with a meal to maintain immune function. During the flu season this can be increased to 10 ml twice daily.

#### If you take more LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP than you should

In the event of over dosage, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison control centre.

#### If you forget to take / missed a dose of LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP

Take your missed dose when you remember. Do not take a double dose to make up for forgotten individual doses.

#### Effects when treatment with LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP is stopped

When you are taking the dose as indicated it is unlikely that there should be withdrawal effects when you stop using this medication, however, always tell your doctor or pharmacist before stopping the use of **LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP**.

### 5. POSSIBLE SIDE EFFECTS

**LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP** can have side effects. Not all side effects reported for this medicine are included in this leaflet. Should your general health worsen, or you experience any untoward effects while taking this medicine, please consult your healthcare provider for advice. If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

### 6. STORING AND DISPOSING OF LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP

Store at or below 25 °C.

Protect from light and moisture.

Store in original packaging until required for use.

Do not store in a bathroom.

Do not use after the expiry date stated on the label and carton.

Return all unused medicine to your pharmacist.

Do not dispose of unused medicine in drains or sewerage systems (e.g. toilets).

**STORE ALL MEDICINES OUT OF REACH OF CHILDREN.**

### 7. PRESENTATION OF LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP

Amber coloured glass bottle containing 150 ml syrup, in a unit carton and PIL.

### 8. IDENTIFICATION OF LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP

A pink liquid with a characteristic fruity taste.

### 9. REGISTRATION NUMBER

To be allocated.

### 10. NAME AND BUSINESS ADDRESS OF THE HOLDER OF REGISTRATION

Nativa (Pty) Ltd

260 Cradock Avenue, Lyttelton, Centurion, 0157, Gauteng, South Africa

Tel: +27 (0) 12 664 7110

Customer care line: **0860 628 482**

Email: [health@nativa.co.za](mailto:health@nativa.co.za)

Website: [www.nativa.co.za](http://www.nativa.co.za)

### 11. DATE OF PUBLICATION

To be allocated.

### 12. DATE OF REGISTRATION

To be allocated.

### 13. Category D

D34.12 Health Supplements: Multiple substance formulation.

This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.

The LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP professional information may be obtained from the Nativa website ([www.nativa.co.za](http://www.nativa.co.za)).

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