SCHEDULING STATUS
To be allocated.

PROPRIETARY NAME AND DOSAGE FORM
OsteoEze® Gout (Capsules)

COMPOSITION

Active Ingredients	Per capsule:	Per 2 capsules (max. daily dosage):	%RDA# per max. daily dosage:
Bromelain Blend	100 mg	200 mg	*
Papain Enzyme	50 mg	100 mg	*
Curcuma longa (Turmeric) Rhizome Powder	50 mg	100 mg	*
Boswellia serrata Gum Resin Powder	50 mg	100 mg	*
Harpagophytum procumbens (Devil's claw) Root Extract 4:1	50 mg	100 mg	*
Vitamin C	30 mg	60 mg	100
Vitis vinifera (Grape) Seed Extract (95% Proanthocyanidins)	25 mg	50 mg	*
Pinus spp. (Pine) Bark Extract 4:1	25 mg	50 mg	*

#Recommended Daily Allowance for adults and children older than 10 years.
*RDA not established.

PHARMACOLOGICAL CLASSIFICATION
D.3.5 Connective Tissue Medicine - Other.
Combination Western Herbal Medicine.

INDICATIONS
OsteoEze® Gout is a general supplement containing active ingredients that can assist the body with anti-inflammatory - and uric acid breakdown support, associated with gout. The active ingredients can also provide antioxidant support. For a diagnosis or if symptoms persist, consult a medical practitioner. Efficacy of support may vary between users.

CONTRAINDICATIONS
Do not use this product if pregnant or lactating (breastfeeding) because it contains *Boswellia serrata.* Do not use if known hypersensitivity or allergy exists towards any of the ingredients. If in doubt consult your medical practitioner.

WARNINGS AND SPECIAL PRECAUTIONS
Do not use if known hypersensitivity or allergy exists towards any of the ingredients. People using anticoagulant - or antiplatelet medication, such as Warfarin, should use this product with caution as *Curcuma longa* (turmeric) rhizome powder, *Boswellia serrata* gum resin powder, *Harpagophytum procumbens* (devil's claw) root extract, *Vitis vinifera* (grape) seed extract and *Pinus* spp. (pine) bark extract may have a blood thinning effect. Do not exceed the recommended daily dosage. Do not use after date of expiry. Check expiry date on unit. Products containing herbal ingredients may interact with some medication. If you are taking any chronic medication, do not use this product without consulting your medical practitioner.
Porphyria: Safety has not been established.
KEEP OUT OF REACH OF CHILDREN.

INTERACTIONS
Products containing herbal ingredients may interact with some medication. If you are taking any chronic medication, do not use this product without consulting your medical practitioner. People using anticoagulant - or antiplatelet medication, such as Warfarin, should use this product with caution as *Curcuma longa* (turmeric) rhizome powder, *Boswellia serrata* gum resin powder, *Harpagophytum procumbens* (devil's claw) root extract, *Vitis vinifera* (grape) seed extract and *Pinus* spp. (pine) bark extract may have a blood thinning effect.

PREGNANCY AND LACTATION
Boswellia serrata is specifically contraindicated; therefore do not use this product if pregnant or lactating. Safety of most of the ingredients for use during pregnancy and lactation (breastfeeding) has not been established.

DOSAGE AND DIRECTIONS FOR USE
Do not exceed the recommended daily dosage.
Adults 18 years and older:
Take one to two capsules daily as required on an empty stomach, with a glass of water.

SIDE EFFECTS
If you experience any side effects or sensitivity towards any of the ingredients, discontinue use. If symptoms persist, or if any adverse reactions occur, consult a medical practitioner. Side effects may include, but are not limited to; gastrointestinal upsets including diarrhoea, heartburn and nausea.

KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT
Do not exceed the recommended daily dosage. If an accidental overdose occurs, please consult a medical practitioner. Symptoms may include, but are not limited to; oesophageal irritation, diarrhoea, vomiting and abdominal pain. Treatment is symptomatic and supportive.

IDENTIFICATION
Green capsule.

PRESENTATION
Plastic container with 60 capsules, in a unit carton, with a package insert.

STORAGE INSTRUCTIONS
Store below 25 °C. Store away from moisture and direct sunlight.
KEEP OUT OF REACH OF CHILDREN.

REGISTRATION NUMBER
To be allocated.

NAME AND BUSINESS ADDRESS OF THE HOLDER OF THE CERTIFICATE OF REGISTRATION
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DATE OF PUBLICATION OF THE PACKAGE INSERT
April 2007

This medicine has not been evaluated by the Medicines Control Council.
This medicine is not intended to diagnose, treat, cure or prevent any disease.

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