PATIENT INFORMATION LEAFLET

Scheduling status:
S0

LINCTAGON® JUNIOR SALINE NASAL SPRAY
Erythritol; Sodium chloride.
Linctagon® Junior Saline Nasal Spray contains a preservative: cetrimide 0,2 mg / ml.
Linctagon® Junior Saline Nasal Spray contains a sugar: erythritol 100 mg / ml.
- D.5.8 Medicines affecting autonomic function - Preparations for the common cold including nasal decongestants.
- A varied diet is the most effective and safe way to achieve good nutrition, health, body composition as well as mental and physical performance. This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.

Read the entirety of this leaflet carefully because it contains important information for you.
Linctagon® Junior Saline Nasal Spray is available without a doctor's prescription. However, you still need to use Linctagon® Junior Saline Nasal Spray carefully to get the best results from it.
- Keep this leaflet. You may need to read it again
- Do not share Linctagon® Junior Saline Nasal Spray with any other person
- Ask your healthcare provider or pharmacist if you need more information or advice.

WHAT IS IN THIS LEAFLET

1. What Linctagon® Junior Saline Nasal Spray is and what it is used for
2. What you need to know before you take Linctagon® Junior Saline Nasal Spray
3. How to take Linctagon® Junior Saline Nasal Spray
4. Possible side effects
5. How to store Linctagon® Junior Saline Nasal Spray
6. Contents of the pack and other information

1. What Linctagon® Junior Saline Nasal Spray is and what it is used for
Linctagon® Junior Saline Nasal Spray is a hypertonic nasal spray for the temporary relief of nasal congestion due to colds, sinusitis, hay fever or allergies. Linctagon® Junior Saline Nasal Spray can act as a nasal irrigator and moisturiser.

2. What you need to know before you take Linctagon® Junior Saline Nasal Spray
Do not take Linctagon® Junior Saline Nasal Spray:
- If you are hypersensitive (allergic) to any of the ingredients of Linctagon® Junior Saline Nasal Spray (listed in section 6).
- If you have a rare hereditary condition of erythritol-intolerance.

Warnings and precautions
Ask your doctor if you are not sure about any of the below.
- Linctagon® Junior Saline Nasal Spray contains erythritol, which may have a laxative effect.
- Use within 30 days after opening.
- Do not exceed the daily recommended dose.
- Do not use after the date of expiry.
- Products containing herbal ingredients may interact with some medication.

Porphyria: Safety has not been established.

Other medicines and Linctagon® Junior Saline Nasal Spray
Always tell your healthcare provider if you are taking any other medicine. This includes complementary or traditional medicines. Consult your doctor, pharmacist or healthcare provider before using Linctagon® Junior Saline Nasal Spray if you are taking:
- Linctagon® Junior Saline Nasal Spray has no known interaction with other medications.

Taking Linctagon® Junior Saline Nasal Spray with food and drink and alcohol
There is no known interaction between the contents of Linctagon® Junior Saline Nasal Spray and food, drink and alcohol.

Pregnancy and Breastfeeding
If you are pregnant or breastfeeding, think you might be pregnant or are planning to have a baby, please consult your doctor or pharmacist or other healthcare provider for advice before taking this medication.

Driving and using machinery
Linctagon® Junior Saline Nasal Spray should not affect your ability to drive or use machinery. However, if you think you are affected you should not drive or operate machinery until you feel better. It is not always possible to predict to what extent Linctagon® Junior Saline Nasal Spray may interfere with your daily activities. Ensure that you do not engage in the above activities until you are aware of the measure to which Linctagon® Junior Saline Nasal Spray affects you.

3. How to take Linctagon® Junior Saline Nasal Spray
Do not share medicines with any other person.
Always take Linctagon® Junior Saline Nasal Spray exactly as described in this leaflet or as your healthcare provider has instructed you. You should check with your doctor or pharmacist if you are unsure.

The usual dose for adults and children 12 years and older:
Spray two (2) sprays in each nostril three (3) times a day, or use as required to cleanse the nasal passages and sinuses.

The usual dose for children 2 – 12 years old:
Spray one (1) spray in each nostril three (3) times a day, or use as required to cleanse the nasal passages and sinuses.

The usual dose of babies 0 – 2 years old:
Spray the mist in the air in front of the baby's nose. Not to be sprayed directly into the nose at a young age.

If you take more Linctagon® Junior Saline Nasal Spray than you should
In the event of overdosage, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison centre.

If you forget to take Linctagon® Junior Saline Nasal Spray
Take your missed dose when you remember. Do not take a double dose to make up for forgotten individual doses.

If you stop taking Linctagon® Junior Saline Nasal Spray
If you are taking the dose as indicated, it is unlikely that there should be withdrawal effects when you stop using this medication.

4. Possible side effects
Linctagon® Junior Saline Nasal Spray can have side effects. Not all side effects reported for Linctagon® Junior Saline Nasal Spray are included in this leaflet. Should your general health worsen while taking this medicine, or if you experience any untoward effects while taking this medicine, please consult your healthcare provider for advice. Like all medicines, this medicine can cause side effects, although not everybody will experience them.

If any of the following or other side effects occur, stop taking this product and consult your doctor or pharmacist or go to the casualty department at your nearest hospital:
Allergic reactions such as: skin rashes, hives (skin bumps), itchiness, swelling of the face, lips, mouth or throat, which may cause difficulty in swallowing or breathing. These are all very serious side effects. If you have them, you may have had a serious reaction to Linctagon® Junior Saline Nasal Spray. You may need urgent medical attention or hospitalisation.

Tell your doctor or pharmacist if you notice any of the following:
Frequency unknown:
- Burning or stinging of the nose, increased nasal discharge, sneezing, unpleasant smell or taste.

If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

Reporting of side effects
If you get side effects, talk to your doctor, pharmacist or nurse. You can also report side effects to SAHPRA via the "**6.04 Adverse Drug Reaction Reporting Form**", found online under SAHPRA's publications: https://www.sahpra.org.za/Publications/Index/8. By reporting side effects, you can help provide more information on the safety of Linctagon® Junior Saline Nasal Spray.

5. How to store Linctagon® Junior Saline Nasal Spray
- STORE ALL MEDICINES OUT OF REACH OF CHILDREN.
- Store in a dry place at or below 25 °C.
- Protect from light and moisture.
- Do not refrigerate.
- Do not store in a bathroom.
- Do not use after the expiry date stated on the label and carton.
- Return all unused medicine to your pharmacist.
- Do not dispose of unused medicine in drains or sewerage systems (e.g. toilets).

6. Contents of pack and other information
What Linctagon® Junior Saline Nasal Spray contains

Active ingredients	Per 1 ml
Erythritol	100 mg
Sodium chloride	6,50 mg

Linctagon® Junior Saline Nasal Spray contains a preservative: cetrimide 0,2 mg / ml.
Linctagon® Junior Saline Nasal Spray contains a sugar: erythritol 100 mg / ml.

Other ingredient is: purified water.

What Linctagon® Junior Saline Nasal Spray looks like and contents of the pack
Linctagon® Junior Saline Nasal Spray is a clear liquid. Linctagon® Junior Saline Nasal Spray is packed into a 20 ml amber glass bottle with a metered-dose nozzle and includes a patient information leaflet in a printed unit carton.

Holder of Certificate of Registration
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This leaflet was last revised in
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Date of registration
To be allocated

Registration number
To be allocated

Professional Information
The Linctagon® Junior Saline Nasal Spray Professional Information may be obtained from the Nativa website (www.nativa.co.za).

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